



INFORMED CONSENT FORM

Dear Parent or Legal Guardian:

Welcome to our program! Please read this page carefully and ask us if you have any questions.

Our program is a **Leave No Trace Trainer Course** where we will be learning the seven principles of Leave No Trace and how to teach the principles to others. Activities will include: preparation for 1-night/2-day backpack trip, transportation to and from trailhead, hiking to campsite and back with full backpack, short exploratory hikes around camp, learning and teaching sessions with class participants, tent and camp set up/break down, and camp meal preparation. Please note that:

- all children are required to have an **accompanying parent**, legal guardian or designated guardian with them who are responsible for their supervision and safety
- this form **must be signed** on the reverse side in order for children to participate in this program
- a separate **medical form** must be completed and submitted for any child that has (a) medical condition(s) that emergency personnel would need to know if you are not available. Hope Mountain Centre staff must be advised at check-in, when a child is carrying this form.

There are **inherent risks** involved in this program. They include, but are not limited to:

- accidents which occur during transportation or travel to and from this program
- slips and falls, loss of balance, impact
- cold water immersion
- repetitive strain injuries, dislocated shoulders
- camp fire or stove burn, choking, food poisoning, cuts
- hypothermia, frostbite, dehydration, sunburn, sunstroke and heatstroke
- changing and inclement weather conditions including storms, blizzards, whiteouts, high wind and lightning
- steepness of terrain, tree wells, crevasses
- avalanches, cornices, landslides and falling ice, snow and objects
- encounters with domestic or wild animals, bites from insects including ticks with the possibility of leading to disease
- poisonous plant contact, exposure to fungi and fungal spores
- negligence on the part of other participants
- negligence on the part of the releasees, including the failure on the part of the releasees to safeguard or protect my child/ren from the risks, dangers and hazards of participating in the activities.

Please complete the reverse side.



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Please read the information on the reverse side.

By signing below, you acknowledge that:

- you have read and understood all of the information on the reverse, including the inherent risks
- you hold harmless the Hope Mountain Centre for Outdoor Learning, its staff, directors and volunteers

As the parent or legal guardian of:

Child's First and Last Name

I request that my child/children participate in this Hope Mountain Centre program and I have read and understood all of the above.

Dated: _____

Signature of **Witness**

Signature of **Parent or Legal Guardian**

Please print name clearly

Please print name clearly